Name:



My Re-entry Action Plan

Personal/Emotional Process Plan

I plan to do the following in order to prepare for and deal with the personal/emotional stress I may face upon my return to home:

Civic Engagement

I plan to do the following in order to contribute to positive social change at my school or home community and/or continued involvement with my host country or region:

Academic Reintegration

I plan to do the following in order to actively integrate my new knowledge, interests and skills into my university experience:

Professional Development Plan

I plan to do the following in order to incorporate my new skills and interests into my professional path: