

Cultural Exploration and Expectation Resource:

Goal:

To openly discuss the current areas which seem to be a source of confusion/tension for everyone while also sharing with everyone our own cultural response to certain situations/scenarios.

All questions below should be asked to everyone (both host family and student) involved in the cultural exploration journey below.

Strive to allow the "cultural exploration and expectation" discussion to be open, sharing and constructive.

Come into this conversation with the goal of always assuming good intentions

The other main take-away from this resource is to identify the cultural differences, dynamics and communication styles that are/may be at play with regards to the current challenges/misunderstandings.

Conflict in many ways can be the catalyst for self-growth, learning, opening dialogue and fostering empathy.

Questions:

What are my expectations for this experience?

How do I communicate/show that something is bothering me/concerning me in my culture?

How do I show respect in my culture?

How do I show appreciation in my culture?

How do I respond to something I do not understand?

How do I respond to times of conflict?

How do I respond to times when I don't agree with feedback/criticism?

How can I best build trust in a relationship?

What are some of the biggest cultural differences I see between my culture and US culture?